



How To Use the Lord's Prayer as a Template for Your Prayers

The Lord's Prayer isn't only meant to be recited, it's also a guide for how to pray your own prayers. Memorizing the prayer and knowing its key components will help you know how to approach God in prayer.

The following worksheets can be used to pray your own prayers and share your own heart with God, using the Lord's Prayer as a template.

Space is provided to fill in your own words for each section, but don't feel limited by the space. While the Lord's Prayer itself is short, your prayers don't have to be. Open your heart to God through your prayer.

Note: You don't always need each section of the prayer. These are guides for the type of conversation God wants to have with you, but you may find you need to linger on certain areas longer than others at different times.

Opening: Say Hello & Greet God with Praise & Adoration

The Lord's Prayer:

Our Father, who art in heaven

My Prayer:

Sample Prayer:

Almighty and Heavenly Father, I come to you today in prayer,

Petitions for God: Align Your Heart with His

1) Give God Praise & Adoration

The Lord's Prayer:

Hallowed be thy name,

My Prayer:

Sample Prayer:

You who are great and all-powerful, the Great Healer, and my fortress in the storm,

2) Pray for God's Kingdom Here On Earth

The Lord's Prayer:

Thy kingdom come,

My Prayer:

Sample Prayer:

I pray for more of you in this world. Make your presence known and fill this world with your peace and your power.

3) Pray for God's Will and Your Heart to Open to His Answers

The Lord's Prayer:

Thy will be done, on earth, as it is in heaven.

My Prayer:

Sample Prayer:

Lord, may your will be done in my life and may my heart be open and willing to step into your plans for my life.

Petitions for You: Pray for Your Needs and for Others

1) Pray for Your Needs and the Needs of Others

The Lord's Prayer:

Give us this day our daily bread.

My Prayer:

Sample Prayer:

Help me in my struggles and heal my broken heart. I pray also for my healing for Jane, and comfort for Bob who is grieving. May they feel your loving presence.

2) Confess Where You've Fallen Short and Ask Help to Forgive Others

The Lord's Prayer:

And forgive us our trespasses,
as we forgive those who trespass against us.

My Prayer:

Sample Prayer:

I know I've fallen short and not lived up to my best this week. I'm sorry and ask your forgiveness. Help me also forgive my friend who hurt my feelings this week.

3) Pray for Protection from Evil

The Lord's Prayer:

And lead us not into temptation,
but deliver us from evil.

My Prayer:

Sample Prayer:

Lord, evil surrounds and tempts from all sides, often looking not-so-evil. Help me stay on your path and resist the temptation to stray. Wrap my children also in a hedge of your protection.

Closing: In Surrender and Praise, Accept God's Response

The Lord's Prayer:

For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

My Prayer:

Sample Prayer:

For you are great and powerful and can do all things. I trust in your answers - in your way, in your time, and to your glory. Amen.